



Missouri Hockey Youth Division

Mini Mite Cross Ice

Rules and Guidelines



Last update 6/28/2008

League Structure

The league is comprised of two elements- in-house play and inter-association play. The premise of the league is that teams play 80% of their games against teams from their own association, and mix in games against other associations during the season.

Rules

Cross ice play will be primary governed by the club. Missouri Hockey Youth Division has implemented the following rules which all clubs must comply with:

- No score shall be kept during games.
- A maximum of 5 full ice games are allowed
- No full-ice games prior to December 15th
- Full ice games MUST use MIHOA officials. Failure to follow this rule will result in a \$100.00 per incident assessment

In-House Play Guidelines

In house play is governed by the club, Missouri Hockey Youth Division has developed the following guidelines to assist clubs:

- Roster size is limited to 9 players.
- No player should be designated as a full-time goalie.
- Practice to game schedule should be 1:1, with games scheduled on weekends at a consistent time if possible.
- All in-house games are cross-ice, with goals placed at each side of the rink. In this manner, 3 games can be played at one time on the same rink using the player benches for players to change on and off the ice.
- Players should skate in 90 second intervals, using the score clock horn or a coach's whistle to change players.



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- Coaches should skate on the ice, serving as referee and offering assistance to players that need it. Per USA Hockey rule helmets are required and per Missouri Hockey rule gloves are required for all coaches on the ice.

Inter-Association Play

Inter-association play is an opportunity for teams to play against similar teams from other associations. When these games occur, the following guidelines should be used:

- Games should be formally scheduled between associations, not between individual teams. Using this guideline, associations can schedule games between numerous teams, efficiently using ice and maximizing the number of games teams can play in one day.
- Coaches from each team should be on the ice, assisting as needed. Per USA Hockey rule helmets are required and per Missouri Hockey rule gloves are required for all coaches on the ice.
- Full ice games **MUST** use MIHOA officials. Failure to follow this rule will result in a \$100.00 per incident penalty.
- The home association should provide post game snacks for all players.